



Bible Study Journal

Scripture Read slowly. Verses God showed me are:			Observe What God is showing me it means to me.	Apply Think about over and over (Meditate) on what verses mean and how to do what they say.	Pray
Book	Chapter	Verse	My own words of what it means	How I should do this in my life today	Check

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Prayer Journal

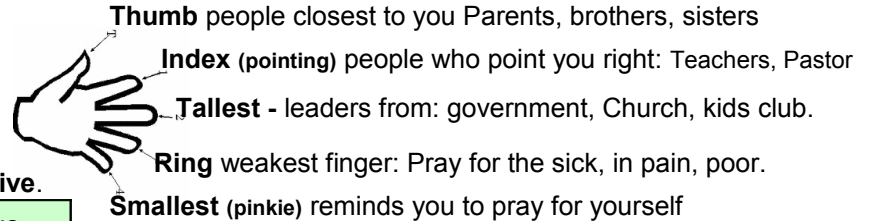
5 Finger Prayer

Adore God. Praise Him tell him how you love Him. Words you can use below:

Holy Love Gentle Knows everything All power Truth Right
 Jesus Justice Mercy With us everywhere Grace Forever Good

Confess Admit the wrong things you did, ask God to **clean** you, know He will **forgive**.

Wrong Thing I did	I apologized, forgave



From a nurse who taught a Hospital patient how to pray

Thank God for: protecting us, for His Son Jesus, the earth, people.

Supplication asking for other people, your own **needs** (*not what you want*), things, places. – (see 5 Finger Prayer)

Person, or place	What I am asking God for	Answer
Me		